

Chiriquí Tour: Anton Valley, Las Lajas, Boquete, Volcan, and Cerro Punta  
 Order and names based on “The Birds of Panama” by George Angehr and Robert Dean

English Name	Latin Name	
	ANATIDAE	
Black-bellied Whistling Duck	<i>Dendrocygna autumnalis</i>	
	CRACIDAE	
Gray-headed Chachalaca	<i>Ortalis cinereiceps</i>	
Black Guan	<i>Chamaepetes unicolor</i>	
	ODONTOPHORIDAE	
Spotted Wood-Quail	<i>Odontophorus guttatus</i>	
	SULIDAE	
Brown Booby	<i>Sula leucogaster</i>	
	PELECANIDAE	
Brown Pelican	<i>Pelecanus occidentalis</i>	
	PHALACROCORACIDAE	
Neotropic Cormorant	<i>Phalacrocorax brasilianus</i>	
	FREGATIDAE	
Magnificent Frigatebird	<i>Fregata magnificens</i>	
	ARDEIDAE	
Great Egret	<i>Ardea alba</i>	
Snowy Egret	<i>Egretta thula</i>	
Little Blue Heron	<i>Egretta caerulea</i>	
Great Blue Heron	<i>Ardea herodias</i>	
Green Heron	<i>Butorides virescens</i>	
Tricolored Heron	<i>Egretta tricolor</i>	
Cattle Egret	<i>Bubulcus ibis</i>	
Capped Heron	<i>Pilherodius pileatus</i>	
Black-crowned Night Heron	<i>Nycticorax nycticorax</i>	
Yellow-crowned Night Heron	<i>Nycticorax violacea</i>	
	COCONIIDAE	
Wood Stork	<i>Mycteria americana</i>	
	THRESKIORNITHIDAE	
White Ibis	<i>Eudocimus albus</i>	
Roseate Spoonbill	<i>Platalea ajaja</i>	
	CATHARTIDAE	
Turkey Vulture	<i>Cathartes aura</i>	
Black Vulture	<i>Coragyps atratus</i>	
King Vulture	<i>Sarcoramphus papa</i>	
	PANDIONIDAE	
Osprey	<i>Pandion haliaetus</i>	

		ACCIPITRIDAE	
	Gray-headed Kite	<i>Leptodon cayanensis</i>	
	Pearl Kite	<i>Gampsonyx swainsonii</i>	
	Double-toothed Kite	<i>Harpagus bidentatus</i>	
	Plumbeous Kite	<i>Ictinia plumbea</i>	
	Swallow-tailed Kite	<i>Elanoides forficatus</i>	
	Barred Hawk	<i>Leucopternis princeps</i>	
	Savanna Hawk	<i>Buteogallus meridionalis</i>	
	Common Black-Hawk	<i>Buteogallus anthracinus</i>	
	Great Black-Hawk	<i>Buteogallus urubitinga</i>	
	Zone-tailed Hawk	<i>Buteo albonotatus</i>	
	Roadside Hawk	<i>Buteo magnirostris</i>	
	Broad-winged Hawk	<i>Buteo platypterus</i>	
	Short-tailed Hawk	<i>Buteo brachyurus</i>	
	Red-tailed Hawk	<i>Buteo jamaicensis</i>	
	Crested Eagle	<i>Morphnus guianensis</i>	
	Black-and-White Hawk-Eagle	<i>Spizaetus melanoleucus</i>	
		FALCONIDAE	
	Crested Caracara	<i>Caracara cheriway</i>	
	Yellow-headed Caracara	<i>Milvago chimachima</i>	
	Laughing Falcon	<i>Herpetotheres cachinnans</i>	
	Bat Falcon	<i>Falco rufigularis</i>	
		RALLIDAE	
	Grey-cowled Wood Rail	<i>Aramides cajaneus</i>	
	Purple Gallinule	<i>Porphyryla martinica</i>	
		ARAMIDAE	
	Limpkin	<i>Aramus guarauna</i>	
		CHARADRIIDAE	
	Southern Lapwing	<i>Vanellus chilensis</i>	
	Black-bellied Plover	<i>Pluvialis squatarola</i>	
	Wilson's Plover	<i>Charadrius wilsonia</i>	
	Semi-palmated Plover	<i>Charadrius semipalmatus</i>	
		RECURVIROSTRIDAE	
	Black-necked Stilt	<i>Himantopus mexicanus</i>	
	American Avocet	<i>Recurvirostra americana</i>	
		JACANIDAE	
	Wattled Jacana	<i>Jacana jacana</i>	
	Northern Jacana	<i>Jacana spinosa</i>	
		SCOLOPACIDAE	
	Greater Yellowlegs	<i>Tringa melanoleuca</i>	
	Lesser Yellowlegs	<i>Tringa flavipes</i>	
	Solitary Sandpiper	<i>Tringa solitaria</i>	
	Willet	<i>Tringa semipalmata</i>	
	Spotted Sandpiper	<i>Actitis macularius</i>	
	Whimbrel	<i>Numenius phaeopus</i>	
	Sanderling	<i>Calidris alba</i>	
	Least Sandpiper	<i>Calidris minutilla</i>	
	Semi-palmated Sandpiper	<i>Calidris pusilla</i>	
	Western Sandpiper	<i>Calidris mauri</i>	

	Pectoral Sandpiper	<i>Calidris melanotos</i>	
	Short-billed Dowitcher	<i>Limnodromus griseus</i>	
		LARIDAE	
	Laughing Gull	<i>Leucophaeus atricilla</i>	
		COLUMBIDAE	
	Feral Rock Pigeon	<i>Columba livia</i>	
	Pale-vented Pigeon	<i>Patagioenas cayennensis</i>	
	Band-tailed Pigeon	<i>Patagioenas fasciata</i>	
	Mourning Dove	<i>Zenaida macroura</i>	
	Ruddy Ground-Dove	<i>Columbina talpacoti</i>	
	Blue Ground-Dove	<i>Claravis pretiosa</i>	
	White-tipped Dove	<i>Leptotila verreauxi</i>	
		PSITTACIDAE	
	Sulphur-winged Parakeet	<i>Pyrrhura hoffmanni</i>	
	Crimson-fronted Parakeet	<i>Aratinga finschi</i>	
	Brown-throated Parakeet	<i>Aratinga pertinax</i>	
	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	
	Brown-hooded Parrot	<i>Pytilia haematotus</i>	
	Blue-headed Parrot	<i>Pionus menstruus</i>	
	White-crowned Parrot	<i>Pionus senilis</i>	
	Red-lored Parrot	<i>Amazona autumnalis</i>	
		CUCULIDAE	
	Squirrel Cuckoo	<i>Piaya cayana</i>	
	Smooth-billed Ani	<i>Crotophaga Ani</i>	
		STRIGIDAE	
	Spectacled Owl	<i>Pulsatrix perspicillata</i>	
		CAPRIMULGIDAE	
	Common Pauraque	<i>Nyctidromus albicollis</i>	
		APODIDAE	
	Vaux's Swift	<i>Chaetura vauxi</i>	
	White-collared Swift	<i>Streptoprocne zonaris</i>	
		TROCHILIDAE	
	Green Hermit	<i>Phaethornis guy</i>	
	Striped-throated Hermit	<i>Phaethornis striigularis</i>	
	White-tipped Sicklebill	<i>Eutoxeres aquila</i>	
	Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>	
	Violet Sabrewing	<i>Campylopterus hemileucurus</i>	
	White-necked Jacobin	<i>Florisuga mellivora</i>	
	Brown Violetear	<i>Colibri delphinae</i>	
	Lesser Violetear	<i>Colibri cyanotus</i>	
	Garden Emerald	<i>Chlorostilbon assimilis</i>	
	Violet-headed Hummingbird	<i>Klais guimeti</i>	
	Green Thorntail	<i>Discosura conversii</i>	
	(Violet) Crowned Woodnymph	<i>Thalurania colombica</i>	
	Blue-throated Goldentail	<i>Hylocharis eliciae</i>	
	Snowy-bellied Hummingbird	<i>Amazilia edward</i>	
	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>	
	Charming Hummingbird	<i>Amazilia decora</i>	

	Striped-tailed Hummingbird	<i>Eupherusa eximia</i>	
	White-throated Mountain Gem	<i>Lampornis castaneiventris</i>	
	Green-crowned Brilliant	<i>Heliodoxa jacula</i>	
	Talamanca Hummingbird	<i>Eugenes spectabilis</i>	
	Volcano Hummingbird	<i>Selasphorus flammula</i>	
		TROGONIDAE	
	Collared Trogon	<i>Trogon collaris</i>	
	Resplendent Quetzal	<i>Pharomachrus mocinno</i>	
		MOMOTIDAE	
	Rufous Motmot	<i>Baryphthengus martii</i>	
	Tody Motmot	<i>Hylomanes momotula</i>	
	Lesson's Motmot	<i>Momotus lessonii</i>	
		RAMPHASTIDAE	
	Prong-billed Barbet	<i>Semnornis frantzii</i>	
	Blue-throated Toucanet	<i>Aulacorhynchus caeruleogularis</i>	
	Fiery-billed Toucanet	<i>Pteroglossus frantzii</i>	
	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	
		PICIDAE	
	Acorn Woodpecker	<i>Melanerpes formicivorus</i>	
	Red-crowned Woodpecker	<i>Melanerpes rubricapillus</i>	
	Olivaceous Piculet	<i>Picumnus olivaceus</i>	
	Hairy Woodpecker	<i>Picoides villosus</i>	
	Lineated Woodpecker	<i>Dryocopus lineatus</i>	
		FURNARIIDAE	
	Red-faced Spinetail	<i>Cranioleuca erythrops</i>	
	Spotted Barbtail	<i>Premnoplex brunnescens</i>	
	Scaly-throated Foliage-gleaner	<i>Anabacerthia variegaticeps</i>	
	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>	
	Spotted Woodcreeper	<i>Xiphorhynchus erythropygius</i>	
	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>	
	Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>	
		THAMNOPHILIDAE	
	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>	
	Barred Antshrike	<i>Thamnophilus doliatus</i>	
	Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>	
	Spot-crowned Antwreio	<i>Dysithamnus puncticeps</i>	
	Plain Antwreio	<i>Dysithamnus mentalis</i>	
	Slaty Antwren	<i>Myrmotherula schisticolor</i>	
	Dull-mantled Antbird	<i>Myrmeciza laemosticta</i>	
		RHINOCRYPTIDAE	
	Silvery-fronted Tapaculo	<i>Scytalopus argentifrons</i>	
		TYRANNIDAE	
	Yellow Tyrannulet	<i>Capsiempis flaveola</i>	
	Forest Elaenia	<i>Myiopagis gaimardii</i>	
	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>	
	Lesser Elaenia	<i>Elaenia chiriquensis</i>	
	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>	
	Olive-striped Flycatcher	<i>Mionectes olivaceus</i>	

	Panama (Yellow-green) Tyrannulet	<i>Phylloscartes flavovirens</i>	endemic
	Torrent Tyrannulet	<i>Serpophaga cinerea</i>	
	Mistletoe Tyrannulet	<i>Zimmerius parvis</i>	
	Scale-crested Pygmy-Tyrant	<i>Lophotriccus pileatus</i>	
	Pale-eyed Pygmy-Tyrant	<i>Lophotriccus pilaris</i>	
	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>	
	Eye-ringed Flatbill	<i>Rhynchocyclus brevirostris</i>	
	White-throated Spadebill	<i>Platyrinchus cancrominus</i>	
	Bran-colored Flycatcher	<i>Myiophobus fasciatus</i>	
	Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>	
	Dark Pewee	<i>Contopus lugubris</i>	
	Tropical Pewee	<i>Contopus cinereus</i>	
	Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>	
	White-throated Flycatcher	<i>Empidonax albigularis</i>	
	Yellowish Flycatcher	<i>Empidonax flavescens</i>	
	Black Phoebe	<i>Sayornis atriceps</i>	
	Bright-rumped Attila	<i>Attila spadiceus</i>	
	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>	
	Panama Flycatcher	<i>Myiarchus panamensis</i>	
	Great-crested Flycatcher	<i>Myiarchus crinitus</i>	
	Great Kiskadee	<i>Pitangus sulphuratus</i>	
	Social Flycatcher	<i>Myiozetetes similis</i>	
	Gray-capped Flycatcher	<i>Myiozetetes granadensis</i>	
	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>	
	Streaked Flycatcher	<i>Myiodynastes maculatus</i>	
	Piratic Flycatcher	<i>Legatus leucophaeus</i>	
	Tropical Kingbird	<i>Tyrannus melancholicus</i>	
	Fork-tailed Flycatcher	<i>Tyrannus savana</i>	
		TITYRIDAE	
	Barred Becard	<i>Pachyramphus versicolor</i>	
	Rose-throated Becard	<i>Pachyramphus aglaiae</i>	
	Masked Tityra	<i>Tityra semifasciata</i>	
	Black-crowned Tityra	<i>Tityra inquisitor</i>	
		PIPRIDAE	
	Orange-collared Manakin	<i>Manacus aurantiacus</i>	
	White-ruffed Manakin	<i>Corapipo altera</i>	
	Velvety Manakin	<i>Lepidothrix velutina</i>	Blue-crowned
		VIREONIDAE	
	Yellow-throated Vireo	<i>Vireo flavifrons</i>	
	Yellow-winged Vireo	<i>Vireo carmioli</i>	
	Warbling Vireo	<i>Vireo gilvus</i>	
	Yellow-green Vireo	<i>Vireo flavoviridis</i>	
	Brown-capped Vireo	<i>Vireo leucophrys</i>	
	Red-eyed Vireo	<i>Vireo olivaceus</i>	
	Scrub Greenlet	<i>Hylophilus flavipes</i>	
	Lesser Greenlet	<i>Hylophilus decurtatus</i>	
		CORVIDEA	
	Black-chested Jay	<i>Cyanocorax affinis</i>	
		HIRUNDINIDAE	
	Mangrove Swallow	<i>Tachycineta albilinea</i>	
	Blue-and-white Swallow	<i>Pygochelidon cyanoleuca</i>	

	Barn Swallow	<i>Hirundo rustica</i>	
	Gray-breasted Martin	<i>Progne chalybea</i>	
		TROGLODYTIDAE	
	Riverside Wren	<i>Thryothorus semibadius</i>	
	Rufous-breasted Wren	<i>Thryothorus rutilus</i>	
	Buff-breasted Wren	<i>Thryothorus leucotis</i>	
	Isthmian (Plain) Wren	<i>Cantorchilus elutus</i>	
	House Wren	<i>Troglodytes aedon</i>	
	Ochraceous Wren	<i>Troglodytes ochraceous</i>	
	White-breasted Wood-Wren	<i>Henicorhina leucosticte</i>	
	Grey-breasted Wood-Wren	<i>Henicorhina leucophrys</i>	
		TURDIDAE	
	Black-faced Solitaire	<i>Myadestes melanops</i>	
	Orange-billed Nightingale-Thrush	<i>Catharus aurantiirostris</i>	
	Ruddy-capped Nightingale-Thrush	<i>Catharus frantzii</i>	
	Mountain Thrush	<i>Turdus plebejus</i>	
	Clay-colored Thrush	<i>Turdus grayi</i>	
	White-throated Thrush	<i>Turdus assimilis</i>	
		MIMIDAE	
	Tropical Mockingbird	<i>Mimus gilvus</i>	
		PTILOGONATIDAE	
	Long-tailed Silky-flycatcher	<i>Ptilogonys caudatus</i>	
		PARULIDAE	
	Golden-winged Warbler	<i>Vermivora chrysoptera</i>	
	Tennessee Warbler	<i>Vermivora peregrina</i>	
	Flame-throated Warbler	<i>Parula gutturalis</i>	
	Tropical Parula	<i>Parula pitiayumi</i>	
	Yellow Warbler	<i>Setophaga petechia</i>	
	Chestnut-sided Warbler	<i>Setophaga pennsylvanica</i>	
	Black-throated Green Warbler	<i>Dendroica virens</i>	
	Blackburnian Warbler	<i>Dendroica fusca</i>	
	Yellow-throated Warbler	<i>Dendroica dominica</i>	
	Bay-breasted Warbler	<i>Dendroica castanea</i>	
	Blackpoll Warbler	<i>Dendroica striata</i>	
	Black-and-White Warbler	<i>Mniotilta varia</i>	
	Slate-throated Redstart	<i>Myioborus miniatus</i>	
	Collared Redstart	<i>Myioborus torquatus</i>	
	Northern Waterthrush	<i>Parkesia noveboracensis</i>	
	Mourning Warbler	<i>Oporornis philadelphia</i>	
	Canada Warbler	<i>Wilsonia canadensis</i>	
	Wilson's Warbler	<i>Wilsonia pusilla</i>	
	Chestnut-capped Warbler	<i>Basileuterus delatarii</i>	
	Black-cheeked Warbler	<i>Basileuterus melanogenys</i>	
	Buff-rumped Warbler	<i>Phaeothlypis fulvicauda</i>	
		THRAUPIDAE	
	Common Chlorospingus (Bush-Tanager)	<i>Chlorospingus flavopectus</i>	
	Sooty-capped Chlorospingus (Bush-Tanager)	<i>Chlorospingus pileatus</i>	
	Black-and-yellow Tanager	<i>Chrysothlypis chrysomelas</i>	
	Rosy Thrush-Tanager	<i>Rhodinocichla rosea</i>	

	Dusky-faced Tanager	<i>Mitrospingus cassinii</i>	
	Grey-headed Tanager	<i>Eucometis penicillata</i>	
	White-shouldered Tanager	<i>Tachyphonus luctuosus</i>	
	Tawny-crested Tanager	<i>Tachyphonus delatrii</i>	
	White-lined Tanager	<i>Tachyphonus rufus</i>	
	Crimson-backed Tanager	<i>Ramphocelus dimidiatus</i>	
	Flame-rumped Tanager	<i>Ramphocelus flammigerus</i>	
	Blue-gray Tanager	<i>Thraupis episcopus</i>	
	Palm Tanager	<i>Thraupis palmarum</i>	
	Plain-colored Tanager	<i>Tangara inornata</i>	
	Emerald Tanager	<i>Tangara florida</i>	
	Silver-throated Tanager	<i>Tangara icterocephala</i>	
	Bay-headed Tanager	<i>Tangara gyrola</i>	
	Spangled-cheeked Tanager	<i>Tangara dowii</i>	
	Golden-hooded Tanager	<i>Tangara larvata</i>	
	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>	
	Blue Dacnis	<i>Dacnis cayana</i>	
	Green Honeycreeper	<i>Chlorophanes spiza</i>	
	Red-legged Honeycreeper	<i>Cyanerpes cyaneua</i>	
		Incertae sedis	
	Bananaquit	<i>Coereba flaveola</i>	
		Incertae sedis	
	Streaked Saltator	<i>Saltator striatipectus</i>	
	Buff-throated Saltator	<i>Saltator maximus</i>	
		EMBERIZIDAE	
	Blue-black Grassquit	<i>Volatinia jacarina</i>	
	Variable Seedeater	<i>Sporophila americana</i>	
	Ruddy-breasted Seedeater	<i>Sporophila minuta</i>	
	Yellow-bellied Seedeater	<i>Sporophila nigricollis</i>	
	Yellow-faced Grassquit	<i>Tiaris olivaceus</i>	
	Slaty Flowerpiercer	<i>Diglossa plumbea</i>	
	Yellow-thighed Finch	<i>Pselliophorus tibialis</i>	
	Large-footed Finch	<i>Pezopetes capitalis</i>	
	White-naped Brush-Finch	<i>Atlapetes albinucha</i>	
	Orange-billed Sparrow	<i>Arremon aurantiirostris</i>	
	Chestnut-capped Brush-Finch	<i>Arremon brunneinucha</i>	
	Black-striped Sparrow	<i>Arremonops conirostris</i>	
	Rufous-collared Sparrow	<i>Zonotrichia capensis</i>	
		CARDINALIDAE	
	Summer Tanager	<i>Piranga rubra</i>	
	Flame-colored Tanager	<i>Piranga bidentata</i>	
	Red-crowned Ant Tanager	<i>Habia rubica</i>	
	Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>	
	Painted Bunting	<i>Passerina ciris</i>	
		PASSERIDAE	
	House Sparrow	<i>Passer domesticus</i>	
		ICTERIDAE	
	Melodious Blackbird	<i>Dives dives</i>	
	Red-breasted Meadowlark (blackbird)	<i>Sturnella militaris</i>	
	Giant Cowbird	<i>Molothrus oryzivorus</i>	

	Bronzed Cowbird	<i>Molothrus aeneus</i>	
	Shiny Cowbird	<i>Molothrus bonariensis</i>	
	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	
	Orchard Oriole	<i>Icterus spurius</i>	
	Baltimore Oriole	<i>Icterus galbula</i>	
	Yellow-billed Cacique	<i>Amblycercus holosericeus</i>	
	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>	
	Crested Oropendola	<i>Psarocolius decumanus</i>	
	Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>	
		FRINGILLIDAE	
	Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>	
	Thick-billed Euphonia	<i>Euphonia laniirostris</i>	
	Elegant Euphonia	<i>Euphonia elegantissima</i>	
	Fulvous-vented Euphonia	<i>Euphonia fulvicrissa</i>	
	Spot-crowned Euphonia	<i>Euphonia imitans</i>	
	Orange-bellied Euphonia	<i>Euphonia xanthogaster</i>	
	Tawney-capped Euphonia	<i>Euphonia anneae</i>	
	Golden-browed Chlorophonia	<i>Chlorophonia callophrys</i>	
	Yellow-bellied Siskin	<i>Spinus xanthogastrus</i>	
	Lesser Goldfinch	<i>Spinus psaltria</i>	

List compiled by Kaiyote Snow  
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