

Nicaragua Packing List Guests

Required

Passport and a copy to give to your travel partner
Boarding passes for international flight
Daily medications you require with prescriptions on bottles
Debit and credit cards (call and tell banks you will be traveling)
Driver's license or secondary ID

Recommended

Antibiotics prescribed by your doctor that would be useful for travel ailments

Luggage

On some tours, there is a 1-hour, domestic flight. The carry on limit is 20lbs and the checked bag limit is 30 lbs. There are no exceptions and you cannot pay more money for more weight. Bring a backpack or rolling luggage, whatever you prefer.

Clothes

We personally don't bring a lot of clothes because we can do laundry along the way and also purchase clothes as we go. Clothes make great souvenirs.

1 - 2 pairs of pants, zip-offs are convenient as a additional pair of shorts
1 - 2 pairs of shorts
1 long sleeve shirt
1 pair of waterproof sandals such as Tevas or Keens
1 pair Waterproof hiking boots or very supportive walking shoes that are well broken in
1 rain/wind jacket
2 pair socks
2 pair underwear
2 short sleeve shirts
Hat for sun
Light weight gaiters
Sleeping/comfy clothes
Swimsuit

Personal items you might want to bring

Binoculars
Bug repellent
Camera/film and spare batteries/charger
Ear plugs (domestic flights are small planes with propellers)
Emergency kit
Field guides
Fly-weight day pack
Gifts for local communities (see the packing page)
Hairbrush/comb
Head lamp
High powered flashlight for exploring at night
Log book or diary
Mosquito proof clothing
Plastic bags (freezer bag quality) for all paper items and books
Rain poncho
Reading book for pleasure
Reading glasses
Scissors, tweezers and nail clippers
Small towel
Small waterproof dry sack

Snacks for international flight
Spanish phrase book
Sunglasses
Sunscreen and lip balm
Swiss army knife or Leatherman
Travel alarm clock
Travel health insurance card
Umbrella
Watch
Water bottle – 1 liter

Toiletries

Deodorant
Shampoo/conditioner
Shaving kit
Tooth brush/toothpaste/dental floss

Cell-phone: check with your carrier about international plans for your phone