

Europe & Asia Packing List

Kaiyote Tours
www.KaiyoteTours.com

Required

Passport and 2 color copies of it
Visa and papers if you have personal requirements
Plane tickets
Daily medications you require with prescriptions
Debit and credit cards (call and tell them you will be traveling)
Driver's license or secondary ID

Not Recommended

Carrying large amounts of cash is **not** recommended
Traveler's checks are **not** recommended. (You will get a better exchange for your dollar at a cash machine)

Luggage

In Europe and Asia either a backpack or rolling luggage will work. We personally travel very light in Europe and Asia. We travel with 40 - 45 liter backpacks that can be carried on the plane. We also bring a thin nylon duffle bag that the pack can be placed into if we need to check our bag. Our second carryon item is a medium size (8 liter) fanny/lumbar pack which when we are traveling can be worn in the front and then also used as a day pack on location. We also travel with a feather weight waterproof stuffable daypack**

Carry on Restrictions

Because we tend to carry on our luggage, things such as nail clippers, scissors, Swiss army knives, razors must be purchased at the destination. Also, liquid and gel items such as shampoo, toothpaste, deodorant and sunscreen are all easily purchased at the destination.

Clothes

We personally don't bring a lot of clothes because we do laundry along the way and also purchase clothes as we go. Clothes make great souvenirs.

Suggestions

1 pair hiking boots or very supportive walking shoes that are well broken in
2 pairs of pants
2 short sleeve shirts
2 long sleeve shirts that can be worn over a short sleeve shirt
1 light weight fleece jacket
1 rain/wind jacket and pants (light weight stuff sack style)
3 pair socks
3 pair underwear
Sleeping/comfy clothes*
Swimsuit
Hat

Personal items you might want to bring

Binoculars
Camera/film and spare batteries/battery charger with electrical adaptor
Comforts for air travel; like ear plugs, neck rest and eye mask
Electrical adaptor for specific country (if you are bringing electrical items)
Field guide
Hairbrush/comb
Language phrase book
Log book/diary
Reading Glasses
Small day pack (feather weight, water proof stuffable backpack**)
Sunglasses
Travel alarm clock with new batteries
Travel health insurance card
Travel umbrella
Watch

Toiletries

Shampoo/conditioner
Tooth brush/toothpaste
Sunscreen
Lip balm
Deodorant

*Recommended is Smartwool light weight long sleeve top and bottoms. These items are useful because they can also be worn under your regular clothes if extra warmth is needed.

**Several gear companies make feather weight waterproof stuffable daypacks. Recommended is Mont-bell's Versalite Pack 20, zero-point. www.montbell.us

Kaiyote Tours
www.KaiyoteTours.com
970-556-6103
Estes Park, CO 80514